



BEVERAGES FOR K – 12 SCHOOLS

The following beverages meet the guidelines set by the Alliance for a Healthier Generation, a joint initiative of the American Heart Association and the William J. Clinton Foundation, for drinks sold to students during the school day and extended school day.

For Elementary School Students

Permitted Beverages	Calorie Cap/ 8oz	Size Cap	PepsiCo Beverages that Meet the Guidelines
Water	None	None	Aquafina – all sizes
100% juice (or 100% juice plus water) with no added sweeteners and at least 10% of the recommended Daily Value (DV) for at least 3 vitamins and minerals	120	8 oz	Tropicana Pure Premium Orange Juice: No pulp – 6 oz and 8 oz; w/ Calcium & Vitamin D - 8oz; Healthy Kids - 8oz

For Middle School Students

Permitted Beverages	Calorie Cap/ 8oz	Size Cap	PepsiCo Beverages that Meet the Guidelines
Water	None	None	Aquafina – all sizes
100% juice (or 100% juice plus water) with no added sweeteners and at least 10% of the recommended Daily Value (DV) for at least 3 vitamins and minerals	120	10 oz	Dole Plus: Apple, Orange, Fruit Punch - 10 oz IZZE Fortified: Apple, Blackberry, Clementine, Grapefruit, Lemon, Pomegranate – 8.4 oz Tropicana Pure Premium Orange Juice: No pulp – 6 oz, 8 oz and 10 oz; Healthy Kids - 8oz; With Calcium & Vitamin D - 8oz Tropicana Shelf-stable Juice: Orange - 10 oz

For High School Students

Permitted Beverages	Calorie Cap/ 8oz	Size Cap	PepsiCo Beverages that Meet the Guidelines
Water	None	None	Aquafina – all sizes
Calorie-free or low-calorie beverages	10	None	Aquafina FlavorSplash – all flavors & sizes Aquafina Sparkling – all flavors & sizes Diet Carbonated Soft Drinks – all flavors & sizes Diet Lipton Iced Teas – all flavors & sizes Diet Lipton Sparkling – all flavors & sizes Propel – all flavors & sizes (except Peach Mango which exceeds calorie cap due to fiber) SoBe Lean – all flavors & sizes in plastic bottles SoBe Lifewater 0 Calorie - all flavors & sizes (except Fuji Apple Pear and the B-Energy flavors) Tropicana Light Juice Drinks – all flavors & sizes
100% juice (or 100% juice plus water) with no added sweeteners and with at least 10% of the recommended Daily Value (DV) for at least 3 vitamins and minerals	120	12 oz	Dole Plus: Apple, Orange, Fruit Punch - 10 oz IZZE Fortified: Apple, Blackberry, Clementine, Grapefruit, Lemon, Pomegranate – 8.4 oz Tropicana Pure Premium Orange Juice: No pulp – 6 oz, 8 oz, 10 oz and 12 oz; Healthy Kids - 8oz; With Calcium & Vit. D – 8 oz and 12 oz; Homestyle - 12 oz Tropicana Shelf-stable Juice: Orange - 10 oz
Light Juices, Sports Drinks and other beverages	66	12 oz	G2 – all flavors in 12 oz Gatorade – all flavors in 11.6 oz cans or 12 oz bottles/cups Naked Juice Coconut Water – 11.2 oz Season's Harvest Grapefruit Juice Beverage (ftn) – 12 oz cup Trop 50: With Calcium & Vit. D, Pomegranate Blueberry - 12 oz

Notes: A full line-up of beverage choices may be offered in teachers' lounges and at school sporting events, plays, concerts and other school events where parents and other adults are a significant part of an audience. In addition to meeting the above guidelines, products offered in schools must also comply with all federal, state and local regulations. All products may not be available in all markets.

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